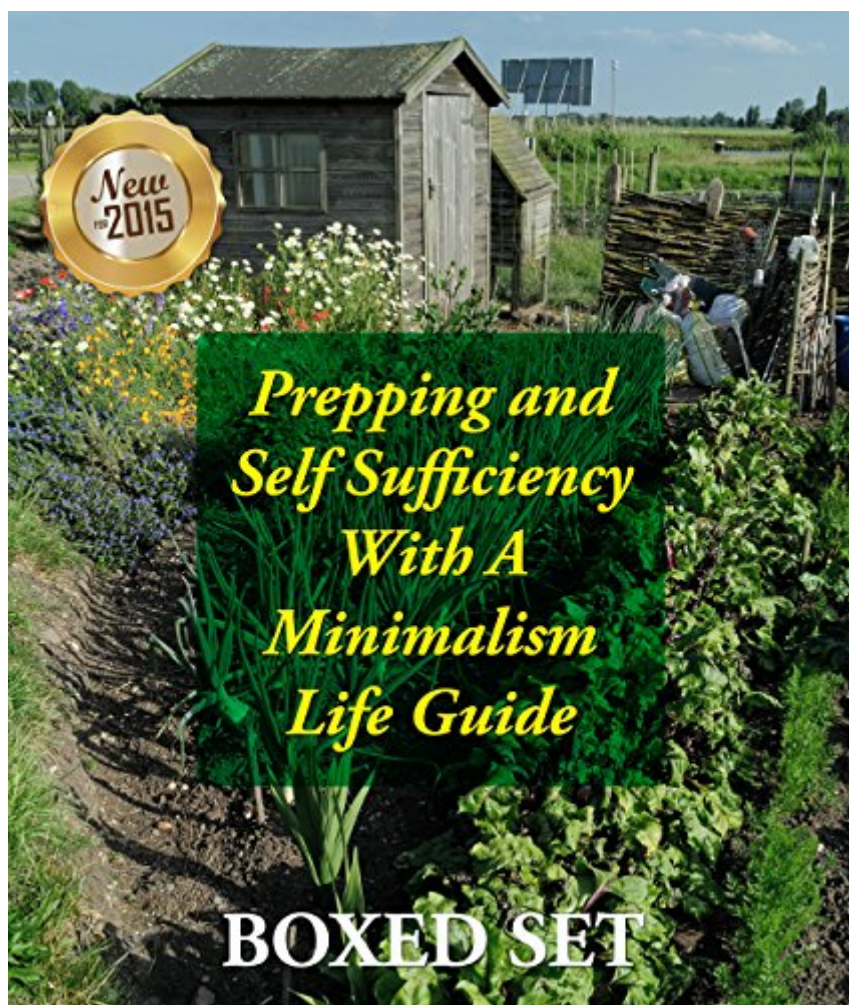


The book was found

# Prepping And Self Sufficiency With A Minimalism Life Guide: Prepping For Beginners And Survival Guides



## Synopsis

Many people believe in prepping. This helps to ensure that enough supplies such as food and water are readily available in a moment's notice in the event of an emergency. This is crucial in today's day and age because weather events such as hurricanes, earthquakes, wildfires, floods and tornadoes can impact a community's methods of getting food, water, medical care and electricity. Prepping can help ensure that families can survive for days, weeks, or even months which is essential to the survival of mankind.

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## Customer Reviews

The FIRST book is a comprehensive guide to survival. Very easy to read and very detailed. It seems they have thought of everything. In the first book "Prepping: The Ultimate Survival Guide" Each chapter gives detailed information on each subject. There is an introduction then Ch. 1 explains what a prepper is Ch. 2 Gives the basics for prepping for a disaster describing what you need. Ch 3 Talks about the best foods to stockpile for survival. Ch 4 discusses how to store water for emergency and how much. Ch 5 What a bug out bag is and what it is no as well as what should

go in it. Ch 6 is about storing medications and what to have in your first aid kit. Ch 7 Planning evacuation procedures. I will be honest...this is where you should stop reading...The second book is "Prepping for Survival: Disaster Emergency Preparedness For Disaster Survival" This book is not in chapter format. It discusses some of the same topics in the first book. There is an introduction and then a lot of the same information that is given in a very stripped down version. There was a little bit of additional information, but mostly a more vague version of the first book. The next book is Self-Sufficiency: A Guide for Homesteading DIY Basic Step by Step Guide for Self-Sufficiency This one I didn't even finish reading because it is obvious that it was not written by someone who really knew about homesteading. The first chapter about boilers and having them serviced was odd as well as the lack of proper grammar that showed the person was not a native English speaker. The next was discussion about choosing a proper fireplace and then about chicken coops, but the sub-title was written chicken coo. I can't continue to take this book serious or find interest in reading it.

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